

South Asian Cross Country Championships 2022**Kohima, Nagaland****26-Mar-22****Org. by Nagaland Athletics Association under the aegis of Athletics Federation of India****Overall Results**

Event # 1 MENS 10K Run							
1	DARSHAN SINGH	632		13/02/97	INDIA		31:08.00
2	DIPAK SUHAUG	635		31/12/92	INDIA		31:32.00
3	RAJENDRA NATH	631		12/03/94	INDIA		31:36.00
4	R.M.S PUSHPA KUMARA	1050		16/03/83	SRI LANKA		33:12.00
5	SHANMUGESWARAN KUMAR	1049		16/11/91	SRI LANKA		33:14.00
6	PAL MUKESH BAHADUR	1027		02/09/99	NEPAL		34:08.00
7	G.M.S.R WIJEWICKRAMA	1053		12/07/85	SRI LANKA		34:24.00
8	BIST SANTOSH BIKRAM	1028		16/10/96	NEPAL		35:00.00
9	BISWASH MD ASIF	1008		24/12/96	BANGLADESH		35:49.00
10	HUSSAIN FAZEEL HAROON	1016		10/04/89	MALDIVES		36:07.00
11	MOHAMED RASHEED	1017		27/02/91	MALDIVES		36:41.00
12	RANA MD. SOHEL	1010		10/02/96	BANGLADESH		36:47.00
13	MOHAMED IRUFAN	1018		12/06/95	MALDIVES		37:28.00
14	YOGI NATH SANTOSH	1030		22/02/00	NEPAL		38:13.00
15	SARDAR MD ELAHI	1009		07/08/97	BANGLADESH		38:37.00
Event # 2 MENS 8K Run UNDER-20							
1	AKASH PATEL	735		09/01/02	INDIA		25:58.00
2	PRASHANT CHOUDHARY	218		26/12/03	INDIA		26:00.00
3	PANKAJ KUMAR	729		24/07/03	INDIA		26:02.00
4	K.M.J.S.D MADUSHAN	1052		01/08/03	SRI LANKA		29:24.00
5	KARKI BADAL	1026		27/03/08	NEPAL		29:29.00
6	G.J. ANJOLO	1048		05/01/04	SRI LANKA		29:37.00
7	N.B.A.C. PRABAT MADUBASANA	1051		04/13/02	SRI LANKA		29:50.00
8	BOHARA DIPENDRA	1029		22/09/06	NEPAL		31:03.00
9	HOSSAIN RIPON	1012		16/02/03	BANGLADESH		31:27.00
10	PAUL PRANTO KUMAR	1011		01/02/03	BANGLADESH		32:12.00
11	ISLAM MD ARIFUL	1007		08/03/03	BANGLADESH		33:04.00
Event # 3 WOMENS 10K Run							
1	VARSHA DEVI	589		06/08/92	INDIA		37:14.00
2	MANJU YADAV	591		06/08/92	INDIA		37:26.00
3	PREENU YADAV	592		20/06/95	INDIA		37:38.00
4	PACHHAI RAJPURA	1022		13/04/97	NEPAL		38:48.00
5	M.S.P. MADUMALI PERERA	1046		11/08/88	SRI LANKA		39:54.00
6	H.M.C. SAMUDIKA HERATH	1043		17/09/01	SRI LANKA		40:46.00
7	RANA PHULMATI	1021		13/05/91	NEPAL		41:25.00
8	W.M. NIMESHA NIDARSHANI	1045		06/05/96	SRI LANKA		41:42.00
9	BUDHA BANDANA	1019		04/17/04	NEPAL		44:02.00
10	KAREEM MARIYAM ABDUL	1013		28/09/75	MALDIVES		46:38.00
11	AISHATH RANIYA	1014		28/08/00	MALDIVES		47:09.00
12	KHATUN PAPIYA	1004		11/05/97	BANGLADESH		49:26.00
13	AISHATH RISHMEE	1015		27/11/85	MALDIVES		50:28.00

14	KHATUN MOST SAKULI	1001		02/11/98	BANGLADESH			51:55.00
15	KHATUN MST SULTANA	1002		06/07/00	BANGLADESH			55:58.00
Event # 4 WOMENS 6K Run UNDER-20								
1	ASHAKIRAN BARLA	334		01/10/06	INDIA			22:47.00
2	DRASHTIBEN PRAVINBHAI CHAUDI	244		16/08/03	INDIA			22:53.00
3	MAYA KUMARI	746		06/03/03	INDIA			23:03.00
4	BUDHA RAM MAYA	1023		04/01/04	NEPAL			23:36.00
5	BISWAS RINKY	1005		05/04/06	BANGLADESH			24:03.00
6	W.M.K. NIRMALI WICKRAMASINGHI	1047		12/28/06	SRI LANKA			24:29.00
7	T.V. HASHINI LAKSHANI	1044		13/12/02	SRI LANKA			24:59.00
8	G.W.O. NILUMIKA FONSEKA	1042		16/07/03	SRI LANKA			25:23.00
9	KARKI BIMALA	1020		14/04/07	NEPAL			25:57.00
10	RODNA SAMSUN NAHAR	1006		05/02/04	BANGLADESH			27:14.00
11	KORMOKAR NONDINE	1003		22/11/08	BANGLADESH			27:59.00
12	BUDHA SAMITA	1024		25/10/05	NEPAL			28:23.00