

59th National Open Athletics Championships 2019

10th to 13th October 2019

TENTATIVE SCHEDULE

Note: Provisional Competition Time Table (Ver. 1.2) Likely to change, depending on the number of participants and climate conditions at the venue. *Updated on 03rd Oct' 2019 at 19:00 hrs*

Day One - 10th October 2019

Event No	Scheduled Time	Event	Gender	Round
101	7.00 Hrs	1500m	Men	Round 1
102	7.40 Hrs	100m	Men	Deca 1
103	8.00 Hrs	100m	Men	Round 1
104	8.10 Hrs	Discus Throw	Men	Q.Round Group 1
105	8.20 Hrs	Long Jump	Men	Deca 2
106	8.30 Hrs	100m	Women	Round 1
107	9.10 Hrs	Discus Throw	Men	Q.Round Group 2
108	9.10 Hrs	400m Hurdles	Men	Round 1
109	9.30 Hrs	Shot Put	Men	Deca 3
110	9.50 Hrs	400m Hurdles	Women	Round 1
Opening Ceremony at 14.00 Hrs				
111	16.00 Hrs	110m Hurdles	Men	Round 1
112	16.30 Hrs	Pole Vault	Men	Final 1
113	16.40 Hrs	100m Hurdles	Women	Round 1
114	16.40 Hrs	High Jump	Men	Deca 4
115	17.00 Hrs	Shot Put	Men	Q.Round Group 1
116	17.00 Hrs	100m	Men	S Final
117	17.10 Hrs	Javelin Throw	Women	Final 2
118	17.35 Hrs	400m Hurdles	Men	S Final
119	17.40 Hrs	400m Hurdles	Women	S Final
120	17.45 Hrs	400m	Men	Deca 5
121	18.05 Hrs	10000m	Men	Final 3
122	18.10 Hrs	Shot Put	Men	Q.Round Group 2
123	18.15 Hrs	Triple Jump	Women	Final 4
124	18.45 Hrs	10000m	Women	Final 5
	18.50 Hrs	Javelin Throw	Women	Medal Ceremony 1
	19.00 Hrs	10000m	Men	Medal Ceremony 2
	19.10 Hrs	Pole Vault	Men	Medal Ceremony 3
	19.20 Hrs	Triple Jump	Women	Medal Ceremony 4
	19.30 Hrs	10000m	Women	Medal Ceremony 5

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Day Two - 11th October 2019

Event No	Scheduled Time	Event	Gender	Round
201	6.00 Hrs	20km Race Walk	Men	Final 6
202	7.30 Hrs	110m Hurdles	Men	Deca 6
203	7.50 Hrs	110m Hurdels	Men	S.Final
204	8.15 Hrs	400 mts	Men	Round 1
205	8.15 Hrs	Discus Throw	Men	Deca 7
206	8.30 Hrs	Long Jump	Men	Q.Round
207	8.45 Hrs	400 mts	Women	Round 1
208	9.00 Hrs	Hammer Throw	Men	Q.Round Group 1
209	9.00 Hrs	Hammer Throw	Men	Q.Round Group 2
210	9.30 Hrs	Pole Vault	Men	Deca 8
211	16.30 Hrs	Javelin Throw	Men	Deca 9
212	17.00 Hrs	High Jump	Men	Final 7
213	17.00 Hrs	400mts Hurdles	Men	Final 8
214	17.10 Hrs	400mts Hurdles	Women	Final 9
	17.10 Hrs	20km Race Walk	Men	Medal Ceremony 6
	17.20 Hrs	400 mts Hurdles	Men	Medal Ceremony 7
215	17.30 Hrs	100m Hurdles	Women	Final 10
	17.40 hrs	400 mts Hurdles	Women	Medal Ceremony 8
216	17.45 Hrs	110m Hurdles	Men	Final 11
	17.50 Hrs	100m Hurdles	Women	Medal Ceremony 9
217	18.00 Hrs	Shot Put	Women	Final 12
218	18.00 Hrs	100m	Men	Final 13
	18.05 Hrs	110m Hurdles	Men	Medal Ceremony 10
219	18.15 Hrs	100m	Women	Final 14
220	18.20 Hrs	Discus Throw	Men	Final 15
	18.20 Hrs	100m	Men	Medal Ceremony 11
	18.30 hrs	100m	Women	Medal Ceremony 12
221	19.00 Hrs	1500m	Men	Deca 10 /16
222	19.20 Hrs	1500m	Men	Final 17
	19.30 Hrs	Shot Put	Women	Medal Ceremony 13
223	19.30 Hrs	400 mts	Men	S Final
224	19.35 Hrs	400 mts	Women	S Final
225	19.45 Hrs	1500m	Women	Final 18
226	20.00 Hrs	4x100m Relay	Men	Round 1
	20.05 hrs	1500m	Men	Medal Ceremony 14
	20.10Hrs	1500m	Women	Medal Ceremony 15
	20.20 Hrs	Decathlon	Men	Medal Ceremony 16
	20.25 Hrs	High Jump	Men	Medal Ceremony 17
	20.30 Hrs	Discus Throw	Men	Medal Ceremony 18

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Day Three - 12th October 2019

Event No	Scheduled Time	Event	Gender	Round
301	6.30 Hrs	20km Race Walk	Women	Final 19
302	7.30 Hrs	100m Hurdles	Women	Hepta 1
303	8,20 Hrs	High Jump	Women	Hepta 2
304	8.00 Hrs	Javelin Throw	Men	Q.Round Group 1
305	8.00 Hrs	800m	Women	Round 1
306	8.20 Hrs	800m	Men	Round 1
307	8.50 Hrs	200m	Women	Round 1
308	9.00 Hrs	Javelin Throw	Men	Q.Round Group 2
309	9.20 Hrs	200m	Men	Round 1
310	16.30 Hrs	Discus Throw	Women	Final 20
311	16.30 Hrs	Long Jump	Women	Final 21
312	17.00 Hrs	Pole Vault	Women	Final 22
313	17.00 Hrs	400 mts	Men	Final 23
314	17.10 Hrs	Hammer Throw	Men	Final 24
315	17.10 Hrs	400 mts	Women	Final 25
	17.20 Hrs	20km Race Walk	Women	Medal Ceremony 19
	17.30 Hrs	400 mts	Men	Medal Ceremony 20
	17.40 hrs	400 mts	Women	Medal Ceremony 21
316	17.45 Hrs	Shot Put	Men	Final 26
	17.50 Hrs	Long Jump	Women	Medal Ceremony 22
317	18.00 Hrs	Long Jump	Men	Final 27
318	18.00 Hrs	5000m	Men	Final 28
319	18.45 Hrs	5000m	Women	Final 29
320	18.45 Hrs	Shot Put	Women	Hepta 3
	18.50 Hrs	Discus Throw	Women	Medal Ceremony 23
	19.05 Hrs	5000m	Men	Medal Ceremony 24
	19.10 Hrs	Shot Put	Men	Medal Ceremony 25
	19.20 Hrs	Hammer Throw	Men	Medal Ceremony 26
	19.30 Hrs	Long Jump	Men	Medal Ceremony 27
321	19.40 Hrs	4x100m Relay	Women	Final 30
322	19.50 Hrs	4x100m Relay	Men	Final 31
323	20.00 Hrs	4x400 Mixed Realy		Final 32
	20.20 Hrs	5000m	Women	Medal Ceremony 28
324	20.30 Hrs	200m	Women	Hepta 4
	20.35 Hrs	Pole Vault	Women	Medal Ceremony 29
	20.40 Hrs	4x100m Relay	Women	Medal Ceremony 30
	20.50 Hrs	4x100m Relay	Men	Medal Ceremony 31
	21.00 Hrs	4x400 Mixed Relay		Medal Ceremony 32

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Day Four - 13th October 2019

Event No	Scheduled Time	Event	Gender	Round
401	8.00 Hrs	Long Jump	Women	Hepta 5
402	9.00 Hrs	Javelin Throw	Women	Hepta 6
403	9.00 Hrs	200m	Men	S.Final
404	16.00 Hrs	Hammer Throw	Women	Final 33
405	17.10 Hrs	High Jump	Women	Final 34
406	17.30 Hrs	Javelin Throw	Men	Final 35
407	17.35 Hrs	200m	Women	Final 36
408	17.40 Hrs	Triple Jump	Men	Final 37
409	17.45 Hrs	200m	Men	Final 38
	17.50 Hrs	200m	Women	Medal Ceremony 33
410	17.55 Hrs	800m	Women	Final 39
	18.00 Hrs	200m	Men	Medal Ceremony 34
411	18.05 Hrs	800m	Men	Final 40
	18.10 Hrs	Hammer Throw	Women	Medal Ceremony 35
	18.15 Hrs	800m	Women	Medal Ceremony 36
412	18.15 Hrs	800m	Women	Hepta 7/ 41
	18.20 Hrs	800m	Men	Medal Ceremony 37
413	18.25 Hrs	3000m Steeple Chase	Men	Final 42
	18.35 Hrs	Heptathlon	Women	Medal Ceremony 38
414	18.40 Hrs	3000m Steeple Chase	Women	Final 43
	18.40 Hrs	Triple Jump	Men	Medal Ceremony 39
	18.45 Hrs	3000m Steeple Chase	Men	Medal Ceremony 40
	18.55 Hrs	3000m Steeple Chase	Women	Medal Ceremony 41
415	18.55 Hrs	4x400m Relay	Women	Final 44
	19.00 Hrs	High Jump	Women	Medal Ceremony 42
416	19.00 Hrs	4x400m Relay	Men	Final 45
	19.10 Hrs	Javelin Throw	Men	Medal Ceremony 43
	19.20 Hrs	4x400m Relay	Women	Medal Ceremony 44
	19.30 Hrs	4x400m Relay	Men	Medal Ceremony 45